

JUNE 2015



y's Best 5°						7
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 BF Support Group offered by Western Maryland Health System. 1-3 PM Call 240-964-6400 for location.	4	5	6
7	8	9	10	11	12	13
14	15	16	17 BF Support Group offered by Western Maryland Health System. 6-8 PM Call 240-964-6400 for location.	18	19	20
21	22	23	24	25	26	27
28	29	Prenatal Breastfeeding Class at Western Maryland Regional Medical Center's Auditorium 6-9:00pm, to register call (240) 964-6400 (classes free of charge	Individual breastfeeding counseling available during pregnancy or after delivery. Call 301-759-5020 to schedule. (Allegany County)			



JULY 2015



S Best						*
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Individual breastfeeding counseling available during pregnancy or after delivery. Call 301-759-5020 to schedule.			1	2 BF Support Group offered by Western Maryland Health System. 1-3 PM Call 240-964-6400 for location.	3	4
5	6	7	8	9 BF Support Group offered by Western Maryland Health System. 6-8 PM Call 240-964-6400 for location.	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	Prenatal Breastfeeding Class at Western Maryland Regional Medical Center's Auditorium 6-9:00pm, to register call	29	30	31	



AUGUST 2015



9's Best 9							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Individual breastfeeding counseling available during pregnancy or after delivery. Call 301-759-5020 to schedule. (Allegany County)						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19 BF Support Group offered by Western Maryland Health System. 6-8 PM Call 240-964-6400 for location.	20	21	22	
2/30	24/31	Prenatal Breastfeeding Class at Western Maryland Regional Medical Center's Auditorium 6-9:00pm, to register call (240) 964-6400 (classes free of charge	26 BF Support Group offered by Western Maryland Health System. 1-3 PM Call 240-964-6400 for location.	27	28	29	